

# Senior Citizens & Aging Directory

## Local

**Baltimore City Commission on Aging and Retirement Education (CARE)  
Office of Aging and CARE Services**  
417 E. Fayette Street, 6th Floor  
Baltimore, MD 21202  
Website: <http://baltimorehealth.org/care>  
E-mail: [Lisa.veale@baltimorecity.gov](mailto:Lisa.veale@baltimorecity.gov)  
Voice: 410-396-4932  
Services: 410-396-CARE (2273)

**Maryland Deaf Senior Citizens  
Willis Mann, President**  
[www.mddeafseniors.org](http://www.mddeafseniors.org)  
E-mail: [wjmann1@comcast.net](mailto:wjmann1@comcast.net)  
Phone: [240-547-5250](tel:240-547-5250)  
NaVee Duncan, Secretary  
E-mail: [mdscsecretary@gmail.com](mailto:mdscsecretary@gmail.com)

Events are held on the 1<sup>st</sup> Thursday of each month, except July & August, in the Laurel-Beltsville Senior Activity Center; 7120 Contee Road; Laurel, MD 20707 from 10:30 to 2:30. The dates can vary so please consult our website for exact information. The second event is held on the 3<sup>rd</sup> Thursday of every month, except July & August, at the Margaret Schweinhaut Senior Center; 1000 Forest Glen Road; Silver Spring, MD 20901. This event is held from 10:30 to 3:30.

**MAC Incorporated  
Area Agency on Aging**  
Lower Eastern Shore (Dorchester, Somerset, Wicomico and Worcester Counties)  
1504 Riverside Drive  
Salisbury, MD 21801  
Website: [www.macinc.org](http://www.macinc.org)  
Email: [macmail@macinc.org](mailto:macmail@macinc.org)  
Voice: 410-742-0505  
Fax: 410-742-0525

## State

**Maryland Department of Aging**  
301 West Preston Street, Suite 1007  
Baltimore, MD 21201  
Website: [www.mdoa.state.md.us](http://www.mdoa.state.md.us)  
E-mail:  
[www.mdoa.state.md.us/mailformn.html](http://www.mdoa.state.md.us/mailformn.html)  
Voice: 410-767-1100  
Voice (Toll Free): 1-800-243-3425  
Fax: 410-333-7943

**Maryland Association of Senior Centers (MASC)**  
P.O. Box 1149  
Glen Burnie, MD 21060-1149  
Website: <http://marylandseniorcenters.com/>

AARP Maryland State Office  
200 Saint Paul Place, Suite 2510  
Baltimore, MD 21202  
Website: [www.aarp.org/states/md](http://www.aarp.org/states/md)  
E-mail: [mdaarp@aarp.org](mailto:mdaarp@aarp.org)  
Voice (Toll Free): 1-866-542-8163  
Fax: 410-837-0269

## National

**NAD'S SENIOR RESOURCES**  
Website: (A joint project of National Association of the Deaf and Deaf Seniors of America)  
Website: <http://www.nad.org/senior-resources>

Pursuant to statutory authorization, the Governor's Office of the Deaf and Hard of Hearing (ODHH) serves as an information clearinghouse on the needs and issues affecting deaf and hard of hearing individuals and provides this information as a service to the community.

**ODHH does not endorse the goods or services of the organizations on this list.**