

Larry Hogan
Governor



Kelby Brick
Director

Boyd K. Rutherford
Lt. Governor

GOVERNOR'S OFFICE OF THE DEAF AND HARD OF HEARING

Resource Guide: Mental Health Services

If you are experiencing a life-threatening emergency, please call 911 or go to the nearest emergency care facility.

Obtaining Mental Health Services

To receive appropriate mental health services, ask for a referral from your insurance company or social service agency to a qualified, specialized mental health professional who has experience working with Deaf or hard of hearing patients. Likewise, mental health providers should refer patients to specialized providers as appropriate. When seeking mental health services that are best suited for your needs, you have the right to a mental health professional who can directly communicate with you in your native language.

Importance of Direct Communication

Direct mental health services in a patient's native language and primary mode of communication are always preferred. Mental health professionals heavily depend on communication to make correct diagnoses and provide quality treatment. Services provided in a language other than the patient's native language can negatively impact the quality of mental health services since differences and nuances in communication may be misunderstood and can have negative outcomes. In working with the Deaf and hard of hearing population, it is highly recommended that mental health providers use cultural and linguistic affirmative approaches, including fluency in the Deaf/hard of hearing individual's language and cultural competency.

To see available mental health services in Maryland that have experience working with the Deaf and hard of hearing population, please see the section "Mental Health Services Directory."

In the case that you are unable to find a provider who is fluent in your native language or that the provider is unavailable for a face-to-face meeting, telemedicine may be available. Telemedicine allows direct communication between a patient and provider through point-to-point videoconferencing.

Use of Qualified Interpreters

In situations where direct mental health services are unavailable or because of the patient's preference, it is important for the clinician to provide a qualified interpreter, who has the appropriate credentials and certifications. Mental health interpreters are a critical component in the delivery of mental health services, since the quality of interpreting has a substantial and direct impact on the outcome of services. To avoid

adverse outcomes and to ensure accurate interpreting, interpreters should have specialized mental health interpreting expertise and previous training in mental health interpreting. Mental health services that utilize sign language interpreters instead of direct communication often require the presence of a Certified Deaf Interpreter (CDI), especially when a minor is involved.

Mental Health Services Directory

ODHH does not endorse the goods or services of the organizations on this list.

Providers who are Deaf and fluent in American Sign Language are denoted with a * after their name.

Albright, Jess, LCPC

Website: <http://www.counselingwithjess.com/>

Phone: 240-457-9015

700 Montclair Ave, Suite C

Frederick, MD 21701

Arundel Lodge

Website: <http://www.arundellodge.org/>

Phone: 443-433-5900

VP: 443-569-7132

2600 Solomons Island Rd.

Annapolis, MD 21401

Baltimore Washington Counseling Center

Website: <http://www.bwcc-counseling.com/>

E-mail: amy.smith@bwcc-counseling.com

Phone: 410-768-6088 ext. 125

Amy Smith, LCSW-C

8258 Veterans Highway #13

Millersville, MD 21108

Corbett, Carolyn, Ph.D.

Psychological Testing & Consultations

E-mail: ccorbett188@gmail.com

Phone: 202-378-0831

Deaf Counseling Center*

Candance A. McCullough, Ph.D., LCPC

Sharon M. Duscheneau, MA, LCPC

Madeline Davis-Shelton, LCSW-C

Lizabeth R. Katz, LCSW-C

Website: <http://www.deafcounseling.com/>

E-mail: info@deafcounseling.com

American Deafness and Rehabilitation Association

Website: <http://www.adara.org/>

P.O. Box 480

Myersville, MD 21773

Baltimore Medical System, Inc.

Highlandtown Healthy Living Center

Voice: 410-558-4739

VP: 443-743-3033

E-mail: deafservices@bmsi.org

3700 Fleet St., Suite 200

Baltimore, MD 21224

Barron-Shasho, Ava, LCSW-C, ACC

Website: <http://www.avabarronshasho.com/>

Phone: 410-356-0796

E-mail: avabarronshasho@yahoo.com

103 Old Court Rd.

Pikesville, MD 21208

Center for Families in Transition

Website: <http://www.cfitttherapy.com/>

Voice: 301-495-6393

TTY: 301-384-3631

8720 Georgia Ave., Suite 205

Silver Spring, MD 20910

Family Service Foundation, Inc.

Website: <http://www.fsfinc.org/>

Phone: 301-459-2121

VP: 240-241-7249

Landover Hills office:

5301 76th Ave.

Bethesda office:
11110 Whisperwood Lane
North Bethesda, MD 20852

Frederick office:
409 S. Market St.
Frederick, MD 21701

Gawlik, Rudolph, LCSW-C
E-mail: rudygawlik@aol.com
Voice: 301-773-0657
VP: 301-277-3250
7307 Baltimore Ave., Suite 208
College Park, MD 20740

**Humanim
Deaf Services**
Cynthia Scott, Admissions Intake Manager
Website: <http://www.humanim.com/>
E-mail: info@humanim.com
Phone: 443-832-4972
6355 Woodside Court
Columbia, MD 21046

Jewish Family Services
Website: <http://www.jcsbaltimore.org/>
E-mail: info@jcsbaltimore.org
Phone: 410-466-9200
5750 Park Heights Ave.
Baltimore, MD 21215

**Johns Hopkins Bayview Medical Center
Child Psychiatry Deaf and Hard of Hearing
Clinic**
Phone: 410-550-0104
E-mail: smccorm2@jhmi.edu
4940 Eastern Ave.
Mason Lord Building, 2nd floor
Baltimore, MD 21224

Lewis, Jeffrey, Ph.D.*
Phone: 202-651-5515

Landover Hills, MD 20784

Frederick office:
306 Delaware Rd.
Frederick, MD 21701

Baltimore office:
2622 Lord Baltimore Dr.
Baltimore, MD 21244

Guttman & Pearl Associates
Gail Guttman, LCSW
Website: <http://gpaththerapy.com/>
E-mail: gail@gpaththerapy.com
Phone: 301-984-0322
600 Executive Blvd., Suite 530
Rockville, MD 20852

Hunt, Heather, Ph.D., LLC*
Center for Mind Body Therapies
Website: <http://cmbt.net/practitioners-cmbt/heather-l-hunt-ph-d/>
E-mail: SigningTherapy@gmail.com
VP: 240-575-6210
5 N. Bentz Street
Frederick, MD 21701

**Jewish Social Service Agency
Deaf and Hard of Hearing Services**
Website: <https://www.jssa.org/>
E-mail: lkatz@jssa.org
Phone: 301-838-4200
200 Wood Hill Road
Rockville, MD 20850

**Kennedy Krieger Institute
Unity Clinic for the Deaf and Hard of Hearing**
Rachel Rentch, LCSW-C, Clinic Coordinator
Website: <http://www.kennedykrieger.org/>
E-mail: rentch@kennedykrieger.org
Phone: 443-923-5958
1750 E. Fairmount Ave, 2nd floor
Baltimore, MD 21231

Marcus, Alan L., Ph.D.
Mental Health Matters

E-mail: jeffwlewis@aol.com
9506 Ashbury Place
Frederick, MD 21701

Morere, Donna, Ph.D.

E-mail: npydeaf.morere@gmail.com
509 Denham Road
Rockville, MD 20851

People Encouraging People

Website: <http://www.peponline.org/>
E-mail: graces2@peponline.org
Phone: 410-764-8560
4201 Primrose Ave
Baltimore, MD 21215

**Sheppard Pratt Health System
Deaf Adult Program, Adult Specialty Unit**

Timothy Snider, Coordinator
E-mail: tsnider@sheppardpratt.org
Website: <http://www.sheppardpratt.org/patient-care-and-services/adult-services/inpatient-services/adult-specialty-unit-towson/deaf-adult-program/>
Voice: 410-938-4654
VP: 443-275-5517
TTY: 410-938-3075
6501 N. Charles Street
Towson, MD 21204

**Sinai Hospital
Department of Psychiatry, Adult Outpatient Services**

Gretchen R. Scott, LCSW-C, Program Manager
Website:
<http://www.lifebridgehealth.org/Sinai/Sinai1.aspx>
Phone: 410-601-5457
2401 W. Belvedere Ave.
Baltimore, MD 21215

Way Station

Website: www.waystationinc.org
Phone: 301-662-0099
230 West Patrick St.
Frederick, MD 21701

E-mail: dralanmarcus@gmail.com
Phone: 301-744-8759
4400 East West Highway, apt 28
Bethesda, MD 20814

Myers, Randall, Ph.D., LICSW, LCSW-C

E-mail: rrmyers1.rm@gmail.com
Phone: 301-502-1181
6106 Edmondson Ave.
Catonsville, MD 21228

Rosen-Bernays, Esther, Ph.D.

Website: <http://www.rosenbernayspsychologist.com/>
Phone: 301-871-7043
E-mail: esther@rosenbernayspsychologist.com
51 Monroe St., Suite 804
Rockville, MD 20850

**Sherman, William, Ph.D.
Psychological Testing & Consultations**

E-mail: drssherman@earthlink.net
Phone: 301-373-8011
44610 Smiths Nursery Rd.
Hollywood, MD 20636

**Springfield Hospital Center
Deaf Psychiatric Program**

Cheryl Morgan, Management Associate
Website:
<http://dhhm.maryland.gov/springfield/SitePages/clinical-services.aspx>
E-mail: shc_admin@dhhm.maryland.gov
Voice: 410-970-7000, 800-333-7564 (toll-free)
TTY: 410-549-7950, 800-249-4347 (toll-free)
6655 Sykesville Rd.
Sykesville, MD 21784

Crisis Services

ODHH does not endorse the goods or services of the organizations on this list.

NATIONAL

National Suicide Prevention Lifeline

Phone: 1-800-273-8255 (available 24/7)

Chat: <http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx> (available 24/7)

TTY: 800-799-4889 (available 24/7)

Veterans Crisis Line

Chat: <https://www.veteranscrisisline.net/ChatTermsOfService.aspx?account=Veterans Chat> (available 24/7)

Text: 838255 (available 24/7; standard text messaging rates apply)¹

TTY: 1-800-799-4889 (available 24/7)

Suicide Prevention Center CrisisText

Text: text "HEARME" to 839863 (available 24/7; standard text messaging rates apply)²

Crisis Text Line

Text: text "START" to 741741 (available 24/7; standard text messaging rates apply)³

LOCAL

Maryland Crisis Hotline

Hotline: 1-800-422-0009 (available 24/7)

Anne Arundel County Crisis

Hotline: 410-768-5522 (available 24/7)

Mobile Crisis Services: Available 7 days of the week from 10am – midnight for adults and children. The team will go to where the individual is located to provide crisis services, including the individual's home, a clinic, or other locations but cannot go to hospitals. Crisis beds may be provided to adults in psychiatric distress.

Baltimore Crisis Response, Inc. (Baltimore City)

Hotline: 410-433-5255 (available 24/7)

Mobile Crisis Services: Available 7 days of the week from 8am to 8pm for adults who are residents of Baltimore City. The team will go to where the individual is located to provide crisis services including the individual's home, the emergency department at hospitals, a clinic, or any other location in or near Baltimore City. Crisis beds are provided to those in psychiatric distress, including people in need of drug or alcohol detoxification. Assistance with aftercare and applying for benefits is provided.

¹ <https://www.veteranscrisisline.net/GetHelp/Accessibility.aspx>

² http://www.didihirsch.org/sites/default/files/CrisisText_Brochure.pdf

³ <http://www.crisistextline.org/>

Baltimore Child And Adolescents Response System (Baltimore City)

Phone: 410-433-5175

Mobile Crisis Services: Available daily 24/7 to provide crisis services to people under 18 years old who are having a psychiatric crisis and who are residents of Baltimore City. The team will go to where the individual is located to provide crisis services, including the individual's home, a clinic, the emergency department at hospitals, or other locations. The team can also arrange for other necessary services, including follow-up services to youths who have been discharged from a hospital.

Baltimore County Crisis Team

Hotline: 410-931-2214 (available 24/7)

Mobile Crisis Services: Available 7 days of the week from 10am – 1am for calls from the eastern portion of the County. In Home Intervention Team (IHIT) can provide non-crisis, on-site assistance County-wide from 12p – 8p Monday through Friday.

Clinical Services: An Urgent Care Clinic is also available 7 days/week (Monday-Friday in the evenings and Saturday/Sunday during daytime) and the clinic can provide an appointment within 48 hours for urgent cases requiring assessment and brief treatment.

Harford County Crisis Team

Phone: 410-638-5248, 410-588-1017 (pager)

Mobile Crisis Services: Available 7 days of the week from 8am to midnight to anyone located in Harford County (individual does not have to be a resident of Harford County). The team will go to where the individual is located to provide crisis services, including the individual's home, a clinic, the emergency department at hospitals, or other locations

Clinical Services: Individuals may obtain crisis services at the office located at 42 North Main Street, Suite 204, Bel Air, MD 21014. On weekends and after midnight, on-call crisis services are available at Fallston General Hospital and Harford Memorial Hospital.

Howard County Crisis Team

Phone: 410-531-6677

Mobile Crisis Services: Available 7 days of the week to adults and youths from noon to 11pm Monday-Friday and 5pm – 11pm on Saturdays, Sundays, and holidays. The team will go to the individual's home to provide crisis services.

Clinical Services: Individuals may obtain crisis services at the office located at 6700 Freetown Road, Columbia, Maryland, 21044. The clinic is available 24/7.

Montgomery Crisis System

Hotline: 240-777-4000 (available 24/7)

Mobile Crisis Services: Available 7 days of the week from 8am to midnight and provides emergency evaluations in the community.

Clinical Services: Individuals may obtain crisis services at the Montgomery County Crisis Center at 1301 Piccard Drive, Rockville, Maryland 20850. No appointment needed. Residential crisis services are available 24/7 to provide triage and evaluation beds. The required procedure includes a telephone consultation and an evaluation by a Crisis Center Therapist. The maximum length of stay is 72 hours.

Prince George's County Crisis Response System

Phone: 301-927-4500

Mobile Crisis Services: Available 24/7 to Prince George's County residents, including adults, youth, and children ages four years and older. Services include referral to residential crisis beds, linkage to psychiatric treatment services, Critical Incident and Disaster Response.